

## Road 2 Recovery

Specialist Mental Health Services  
1/19 Norwood Crescent Moonee Ponds VIC 3039  
P: 03 9109 9648 F: 03 9109 9649 E: [helpdesk@r2rhealth.com](mailto:helpdesk@r2rhealth.com)

### Information Sheet on Medical Consultation for ADHD with a Consultant Psychiatrist

**R2R Health** is led by a team of Consultant Psychiatrists who are registered medical practitioners with AHPRA. They are accredited Fellows of Royal Australian and New Zealand College of Psychiatrists (RANZCP) and are registered to practice medicine as Independent Consultant Psychiatrists. They hold memberships of various national and international psychiatric professional associations and have a special interest in Adult ADHD and Youth mental health disorders.

#### **Name of Consultant Psychiatrists:**

1. Dr Ravi Srinivasaraju, FRANZCP, MD (Face to Face & Telehealth - Melbourne)
2. Dr Srikanth Miriyala, FRANZCP, MD (Face to Face & Telehealth - Melbourne)
3. Dr Venkat Ramakrishnan, FRANZCP, MD (Telehealth only - Sydney, NSW)

For further details about our doctors and their areas of specialization, please visit the website:  
[www.r2rhealth.com](http://www.r2rhealth.com)

**Information collection and storage:** We gather information for your ADHD mental health assessment, diagnosis and treatment process. This information is stored to document what happens during your consultations. It also enables the provision of a relevant service. This information is stored electronically and strictly protected maintaining your privacy and confidentiality to the best practice standards.

#### **Documents required prior to consultation:**

1. GP referral letter and routine blood/ECG test results
2. Treating Psychologist report or Neuropsychology test report
3. School reports or past Parent-teacher report
4. ADHD-SRS checklist (<https://add.org/wp-content/uploads/2015/03/adhd-questionnaire-ASRS111.pdf>)

#### **Financial disclosure for clinical psychiatry consultations:**

Assessment for diagnosis & treatment commencement occurs in 3 sessions. Total fee payable is \$1100.00

Consultation types	Total Cost	Medicare rebate	Gap fee
First consultation: 45 – 60 min	\$ 500.00	Item 296 - \$237.45	\$ 262.55
Second Consultation: 45 min	\$ 300.00	Item 306 - \$167.55	\$ 132.45
Follow-Up Consultations: 45 min	\$ 300.00	Item 306 - \$167.55	\$132.45
Copy of Medical records	\$ 300.00 + GST	Not applicable	Not applicable
Certificates: Centrelink/VicRoads	\$ 300.00 + GST	Not applicable	Not applicable

**Cancellations:** Helpdesk will send you a text message one day prior to your scheduled appointment. If you do not reply to the text message, the scheduled appointment may be cancelled. Please provide us with sufficient notice of at least 24 hours in the event you are unable to attend or chose to reschedule your appointment. A cancellation fee of \$100.00 may apply for non-attendance at or cancellations on the day of your scheduled appointment.

**Crisis Management:** R2R Health does not provide walk-in services. If you experience an emergency or crisis situation, it is important that you access appropriate mental health supports. Psychiatrists may not always be able to provide this between your scheduled appointments. Please contact your local GP clinic or 000 or emergency mental health triage on 1300 874 243 for immediate assistance.

**Note:** Helpdesk phone is not always attended. Please send us an email on [helpdesk@r2rhealth.com](mailto:helpdesk@r2rhealth.com) with your name and contact details and a team member will get back to you as soon as practical.

## Road 2 Recovery

Specialist Mental Health Services  
1/19 Norwood Crescent Moonee Ponds VIC 3039  
P: 03 9109 9648 F: 03 9109 9649 E: [helpdesk@r2rhealth.com](mailto:helpdesk@r2rhealth.com)

### Consent Form

#### Consultation cost and other fees:

- The cost of consultation is payable at the time of each consultation by either face-face/phone using your credit card or debit card. This payment will be processed after each consultation and a receipt shall be emailed to you upon request. If you choose to pay by credit or debit card, you are responsible for ensuring that your account details are up-to-date, bank account linked to medicare rebate services and sufficient funds are available in your nominated card.
- You will receive a rebate/refund from Medicare within 48 hours. This will be directly deposited into the bank account you have registered with Medicare.
- A non-refundable fee of \$100.00 may apply for non-attendance at or cancellations on the day of your scheduled appointment.

Psychiatrists are required to ensure the confidentiality of the information that you provide. This information may only be disclosed under one or more of the following circumstances:

- You have given consent for your information to be provided to another person or agency (e.g. to a family member or to another professional/organisation);
- We have a legal obligation to provide information about you (e.g. if your information is requested under law);
- We have a clinical obligation to provide information if you are at imminent risk of harm either to yourself or to another person.

#### Personal Details:

Name: \_\_\_\_\_ D.O.B.: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Phone: \_\_\_\_\_

Email ID: \_\_\_\_\_

Address: \_\_\_\_\_

Medicare Card No: \_\_\_\_\_ Ref No: \_\_\_\_ Expiry Date: \_\_\_\_ / \_\_\_\_

#### Consent for Psychiatric Services

I, (Patient/Guardian) \_\_\_\_\_ have read and understood the information discussed with me and provided in this document. I agree to these conditions and for mental health services to be provided by Road 2 Recovery Specialist mental health services.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

After reading this information sheet or consent form, if you are unsure of what has been detailed, please discuss this with our helpdesk prior to providing consent. Kindly handover/email a copy of this signed consent form prior to your initial consultation.

Kind regards  
Team R2R Health.